

RICHMOND E-NEWS

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16 February 2023

“Not only with our lips but in our lives”

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Richmond this Sunday

- Morning Prayer at **St Mark's & Holy Trinity** (9 am) and **St John's** (11 am)
- **Sunday School** at the Parish Centre, 11 am

Among those we uphold in prayer: **Brian, Carlene, Carolyn, Cecil, Cole, Dana, Doris, Frankie, Freda, Gail, Gary, Græme, Harry, Helen, Jake, Joanne, Joyce, Lawrence, Lynn, Marg, Melba, Michelle, Nadine, Nellie, Nicole, Peggy, Shawn, Steven, Trina, Wendell, Wendy**

To **add/delete a name** to the parish prayer list, speak to Pat Margison (328-8146).

Whom do you know in hospital? There's a convenient way to get a cheery greeting to the hospitalized. The hospital delivers it. Parishioners receiving these notes have mentioned how important they are. Check out: <https://horizonnb.ca/patients-visitors/send-a-message-to-a-patient/>

Please continue to **remember the Food Bank** when you shop. Particularly needed are canned tomatoes, vegetables and soups, and tuna, ham etc suitable for children's lunches.

Have you checked the parish's Facebook page lately? [\(16\) The Anglican Parish of Richmond, Diocese of Fredericton | Facebook](#)

This Sunday **Shawn Branch** returns to the parish.

This **Shrove Tuesday** (21 February) St Luke's **pancake supper** (dine in or take-out) is held from 4-6:30 pm. Not too late to call the parish office to volunteer.

Shrove Tuesday is followed by **Ash Wednesday**, the first day of Lent. Attached to this e-News, is a **thought-provoking Lenten calendar** on blessings we often don't stop to consider. Have a read.

Lenten book study - As a Lenten study, Archbishop Edwards is proposing [Let Me Go There - The Spirit of Lent by Paula Gooder](#). The bishop's office can purchase it in bulk for under \$20. If anyone wishes to purchase a book, please let **Cindy Derksen** know. If there is interest in a group book study, please advise Cindy of your preference for day/time. **She will order and purchase the books** if there is interest.

A summary of Richmond **parish financial results** to the end of December is attached.

Next **Saturday** (25 February) the **Richmond parish Annual Meeting** takes place at the Parish Centre, 10 am. **Shawn Branch** will be proposed as chair.

Also next Saturday **Archbishop Edwards** and other members of the Diocesan Synod office in Fredericton are taking part in the **Coldest Night of the Year** fundraiser. If you would like to post an encouraging note to the team or make a donation to the cause (which is supporting the **John Howard Society's efforts to reduce homelessness and provide support to vulnerable persons**), go to

<https://secure.e2rm.com/regisrant/TeamFundraisingPage.aspx?teamID=990014&langPref=en-CA>

February being Heart Month, the **Compassion Fund** has made special key chains available in all of the congregations.

Inside each is **aspirin**. Should a person feel chest discomfort, call 911 and chew the aspirin.

Endnotes ~

- One of gorgeous settings of **Psalm 23** (that we never get to sing) is Isaac Watts' moving paraphrase ("My Shepherd will supply my need"), as sung to the Southern US folk tune "Resignation":

<https://www.youtube.com/watch?v=YUvxPGxZt-s>

- Here's another lovely, fairly recent setting of the same psalm, made well known as a television theme:

<https://www.google.com/search?q=youtube+Psalm+23+vicar+of+dibley&oq=youtube+Psalm+23+vicar+of+dibley&aqs=chrome..69i57j69i64.24775j0j7&sourceid=chrome&ie=UTF-8#fpstate=ive&old=cid:7805eb29,vid:lAZN1oVir5A>

RICHMOND NEXT SUNDAY

- Communion at **St Mark's** (9 am) & **St John's** (11 am); Morning Prayer at **Holy Trinity** (9 am)