

**The Anglican Parish of Richmond and the Anglican Parish of Woodstock**

**May 10<sup>th</sup> 2026**

**PARISH ANNOUNCEMENT**

Dear Friends in Christ,

I am delighted to announce that our Parishes will be supporting a Student In Training for Ordained Ministry for the coming year commencing June 1<sup>st</sup> . Her name is LA Henry (pronounced Elle-Ay). The Vestries have been involved in the discernment of how we might assist in the formation and training of our student and the formalities of the offering of a placement have been completed. LA has written some background information for you to read (on reverse of this letter) and is very much looking forward to getting to know you in due course.

**FORMAL WELCOME -- JOINT PARISH SERVICE**

**Sunday 7<sup>th</sup> June 11 am at St Luke's Woodstock**

**followed by Bring and Share in the Hall.**

Some of you will have questions and I hope this letter answers them. Firstly, having a Student on Placement is a privilege and a responsibility, and the Diocese only sends students to parishes where they have confidence that good formation for ministry will take place. Part of this responsibility is to pray for LA. Another is to offer reflective practice and I have invited 8 members of the parishes (4 from each) to be part of that formational experience. LA will be with us for a year in a learning role and therefore is not simply an extra pair of hands so more may happen in our parishes.

Her stipend and travelling expenses will be fully borne by the Diocese. As you will see from her letter, LA has her home in Fredericton and to make the placement viable she will live at the Rectory when not at home. She will be with us Tuesday – Thursday and Sundays and occasionally Saturdays when we have several events planned of which she will be a part. She has to set aside Study Days and time off and will have additional Ministry Formation Training away from the Parish as required.

Occasionally, there may be an opportunity for LA to be hosted for a night or two in the home of a congregation member – if you would like to be part of a support team or this, please **contact me direct.**

This is an exciting time, and LA has many a varied gifts which she will bring to us during her formational training. Please commit to praying for her as she is equipped for ministry.

The Ven Canon Maria Shepherdson  
Rector



## LA Henry Introductory Bio

LA Henry moved with her husband to New Brunswick in 1986 where he had accepted a position with the Department of Philosophy. While raising her family, LA completed a PhD in English Literature at UNB and taught part-time at both St. Stephen's University and UNB. In 2007 she started a law degree at UNB, and since 2011 has operated her own law firm, LA Henry Law. She was also the Executive Director of the Fredericton Legal Advice Clinic until 2023, and has served on a number of Boards of Directors, including the John Howard Society Fredericton and Fredericton Pride. She co-teaches a course in the Master of Theology & Culture program at SSU entitled "Justice for All: Race and Gender Justice Issues in the 21st C."

LA and her son Robb became Anglicans in 2010 through their involvement in Integrity. In 2023 LA began attending Christ Church Parish Church in Fredericton, became a lay reader, a member of Vestry, and joined the Board of Directors for St. Anne's Lodge. Sensing a call to ordination, LA began a master's in theology & Culture at St. Stephen's University in 2024, which she will complete this year. Three of LA's four adult children live in Fredericton (Anna, Jeremiah and Naomi, with grandson Walter), and her ex-husband continues to teach in the Department of Philosophy at UNB. LA is delighted to have the opportunity to serve as a ministry student in the Parishes of Richmond Corner and Woodstock, under the supervision of the Rev. Canon Archdeacon Maria Shepherdson, over the next year. She has had the pleasure of playing her bass in A Beatles Christmas in 2025 and at the St. Paddy's Day festivities and looks forward to this year's Christmas nativity play!